

CHAPTER 1

INFocus

EDITING MESSAGES

Most email messages comprise text. This is because email messages are used predominantly by people to communicate with each other. Many of the techniques that are used for working with text in word processing applications also apply to email messages in Outlook.

In this session you will:

- ✓ learn how to copy and paste within a message
- ✓ learn how to copy content between email messages
- ✓ learn how to copy information from another source document into a message
- ✓ learn how to delete text from a message
- ✓ learn how to remove an attachment before forwarding a message.

COPYING TEXT WITHIN A MESSAGE


Most email applications have word processing like features which conform to standard Windows conventions. And Microsoft Outlook is no exception. To help perform basic operations such

as cutting, copying and pasting, Outlook provides a set of tools on both the **Message** and **Format Text** tabs on the ribbon.

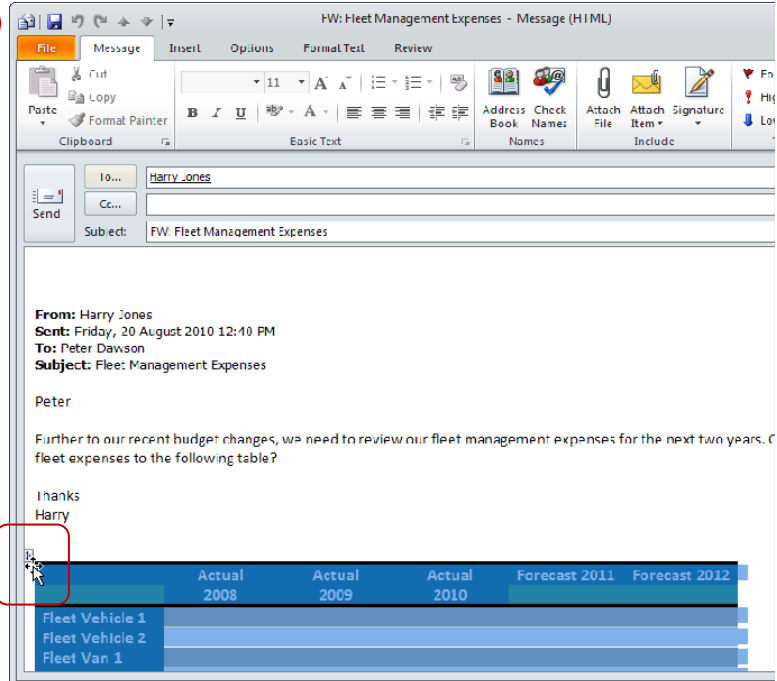
Try This Yourself:

Open
File

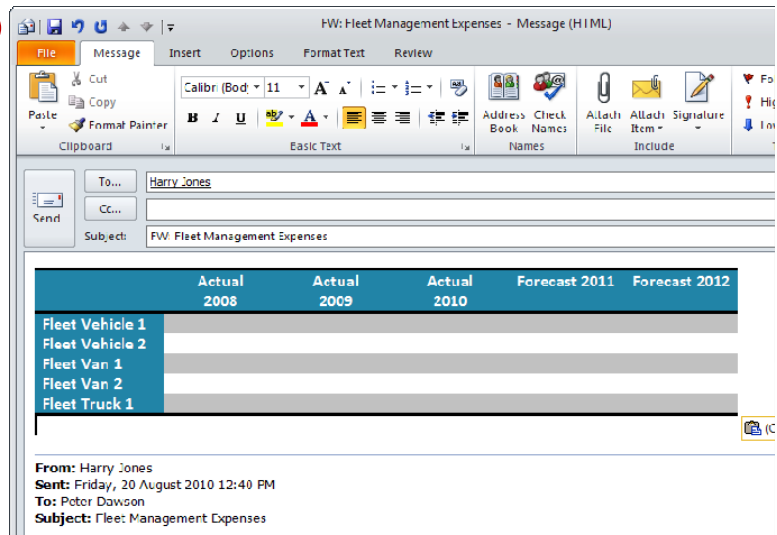
Before starting this exercise you **MUST** open the file *Watsonia_03.pst...*

- 1 Click on the message from **Harry Jones** with the **Fleet Management Expenses** subject
- 2 Click on **Forward** in the **Respond** group and address the message to either yourself or one of your colleagues
- 3 Hover over the table, then click on the **table selection** icon  which appears at its top left corner to select the table
- 4 Click on **Copy** in the **Clipboard** group to copy the table to the clipboard
- 5 Click in the top part of the message where you want to type your reply and click on the top half of **Paste** in the **Clipboard** group to paste the table into the message
- 6 Type some imaginary figures in the table, then click on **Send**

3



5



For Your Reference...

To **copy text within** a message:

1. Select the text to copy in the message
2. Click on **Copy** in the **Clipboard** group on the **Message** or **Format Text** tab
3. Move to the location then click on the top half of **Paste** in the **Clipboard** group

Handy to Know...

- You can use the standard Windows keyboard shortcuts for copying and pasting information in an email message. For example, **Ctrl** + **C** will copy a selection to the clipboard and **Ctrl** + **V** will paste it.

COPYING TEXT BETWEEN MESSAGES





Occasionally, you may find that you want to compose an email message that is very similar to a message that you have previously created or received. As long as you haven't cleared the

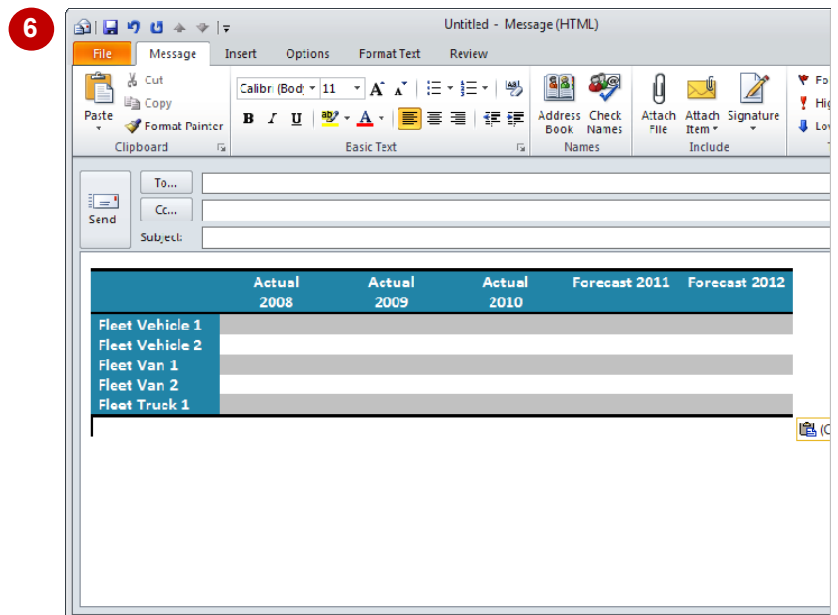
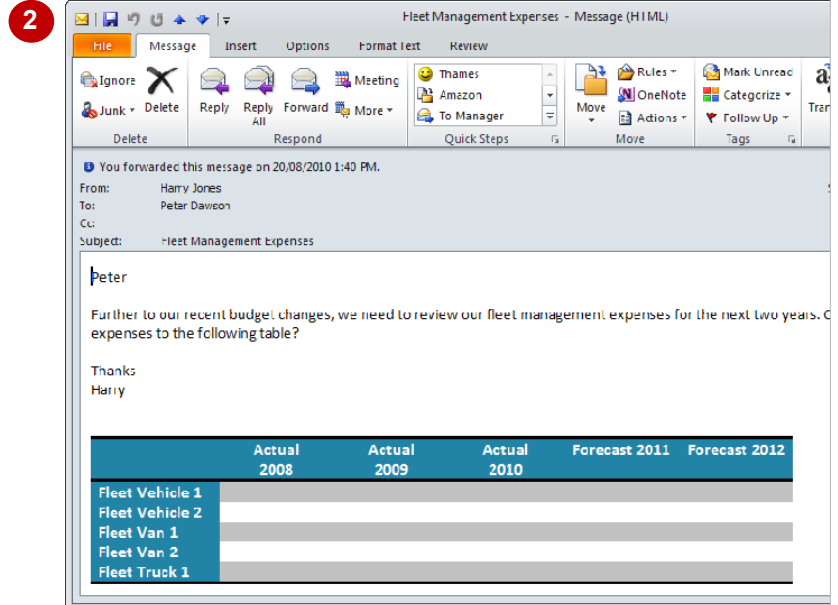
folder in which the email is located, you can simply open the email, select and copy the desired information and paste it into the new message.

Try This Yourself:

Same File




Continue using the previous file with this exercise, or open the file *Watsonia_03.pst...*

- 1 Double-click on the message from **Harry Jones** with the **Fleet Management Expenses** subject to open it
- 2 Click on **Actions**  in the **Move** group and select **Edit Message**
The cursor will appear at the top of the message...
- 3 Click on the **table selection** icon  at the top left corner of the table in the message to select the table
- 4 Open the **Format Text** tab, click on **Copy**  in the **Clipboard** group and then close the message
- 5 Create a new message
- 6 Click in the body of the message, then click on the top half of **Paste**  in the **Clipboard** group to paste the table into the message
- 7 Press **Esc** and click on **[Yes]** to close the message and save it in the **Drafts** folder





For Your Reference...

To **copy text between** messages:

1. Open the message, click on **Actions**  and select **Edit Message**
2. Select the text, click on **Copy**  and then close the message
3. Open the message and click on **Paste** 

Handy to Know...

- To move text either within a message or to another message, click on **Cut**  in the **Clipboard** group, position the cursor and then click on the top half of **Paste** . The keyboard shortcut for **Cut** is **Ctrl + X**.

COPYING FROM ANOTHER SOURCE



If you have an existing document that contains information that you would like to replicate in a message that you're composing, you don't need to retype it. You can open the document in the

application that was used to create it and then employ the standard Windows techniques to copy the desired data or text and paste it into the email message.

Try This Yourself:

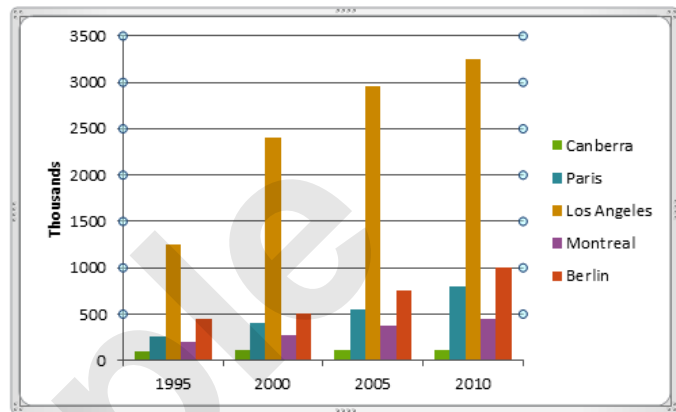
Open
File

Before starting this exercise you **MUST** open the file **O805 Parking_1.docx** in **Microsoft Word...**

- 1 Navigate to page **3** and click on the **Car Parking Spaces** chart to select it
- 2 Ensure that the **Home** tab is open, then click on **Copy**  in the **Clipboard** group to copy the chart to the clipboard
- 3 Close Microsoft Word, clicking on **[Yes]** to keep the information on the clipboard and return to Outlook
- 4 Create a new message
- 5 Click in the text area of the message and then click on the top half of **Paste**  in the **Clipboard** group to paste the chart into the message
- 6 Press **[Esc]** and click on **[Yes]** to close the message and save it in the **Drafts** folder

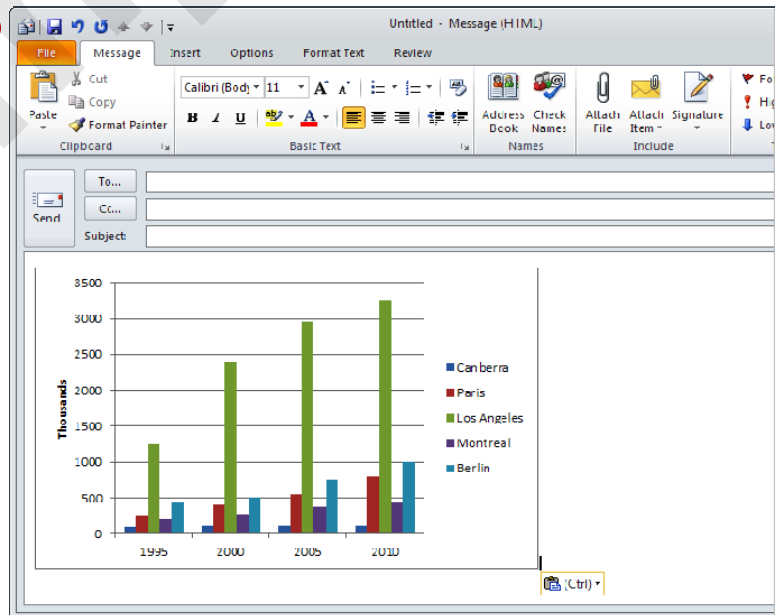
Most city councils penalise the drivers of these vans without fully understanding the cause of the problem.

CAR PARKING SPACES




1

5



For Your Reference...

To **copy** data from **another source**:

1. Open the application with the data
2. **Copy** the data to the clipboard
3. Open the mail message
4. Position the cursor and then click on the top half of **Paste**  in the **Clipboard** group

Handy to Know...

- You may need to reformat data pasted into an email message that you have copied from another application.

DELETING TEXT

Email editors generally employ most of the functionality that you find for working with text in a word processing application. Outlook is no exception. You can therefore type text, copy it,

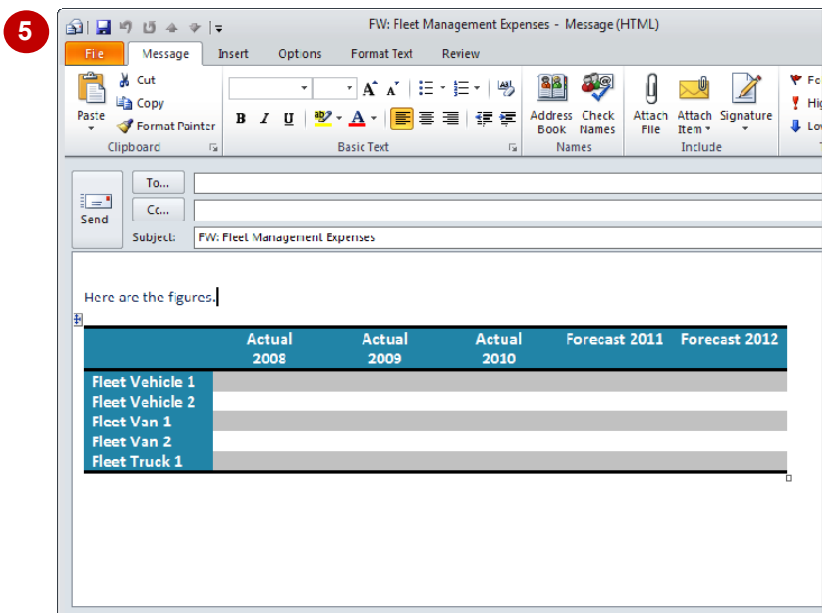
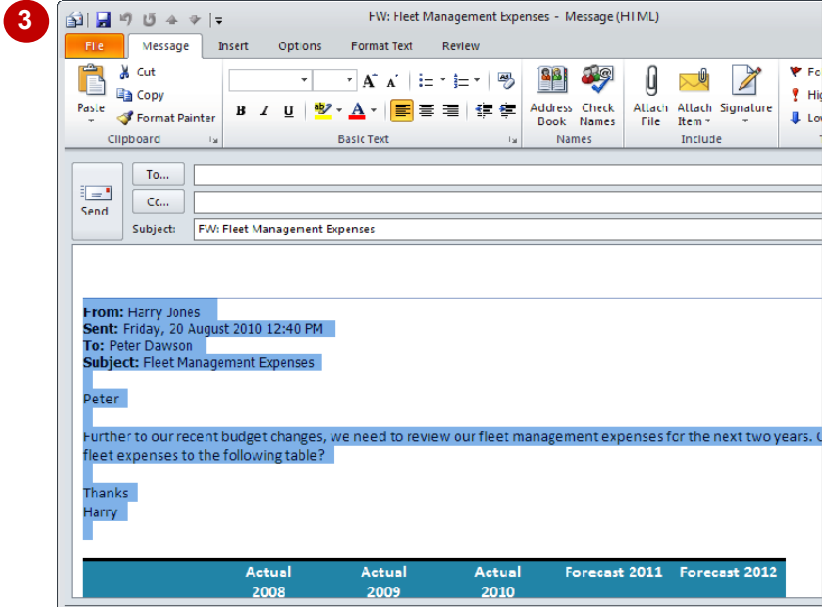
move it, and also delete it if it is no longer required. The same techniques for deleting text in a word processing program can be used in an Outlook email message.

Try This Yourself:

Same
File

Continue using the previous file with this exercise, or open the file *Watsonia_03.pst...*

- 1 Click on the message from **Harry Jones** with the **Fleet Management Expenses** subject
- 2 Click on **Forward** in the **Respond** group and address the message to either yourself or one of your colleagues
- 3 Select the text that appears before the table as shown
- 4 Press **Del** to delete the selected text
- 5 Type **Here are the figures.**
- 6 Press **Esc** and click on **[Yes]** to close the message and save it in the **Drafts** folder



For Your Reference...

To **delete text** in a message:

1. Select the desired text
2. Press **Del**

Handy to Know...

- If you accidentally delete the wrong text, click on **Undo** in the **Quick Access Toolbar** to reverse the deletion.

REMOVING AN ATTACHMENT


If you receive a message with one or more attachments and then forward it to someone else, the attachments will be included in the forwarded message by default. If the attachments are not

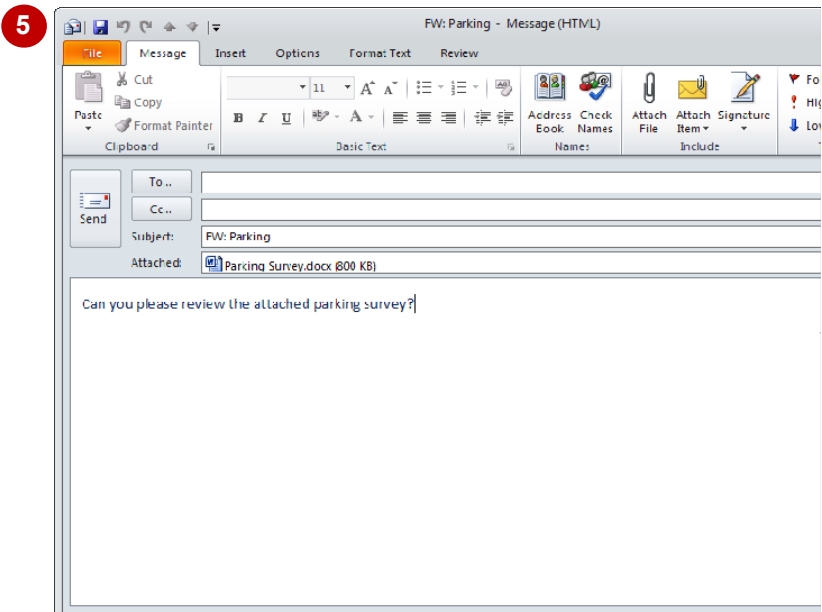
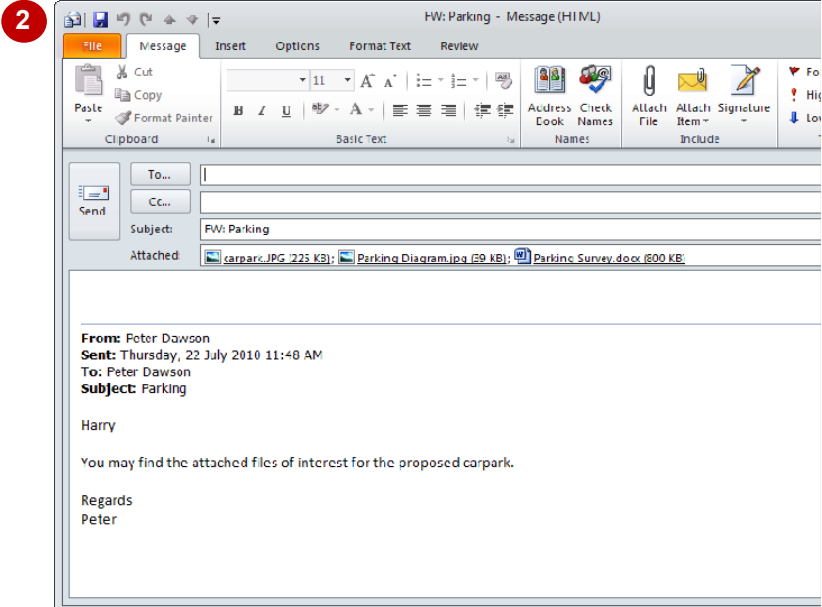
relevant to the people to whom you are forwarding the message, you can remove them from the message before forwarding it.

Try This Yourself:

Same File

Continue using the previous file with this exercise, or open the file *Watsonia_03.pst...*

- 1 Click on the message from **Peter Dawson** with the **Parking** subject
- 2 Click on **Forward**  in the **Respond** group and address the message to either yourself or one of your colleagues
- 3 Right-click on the **Parking Diagram.jpg** attachment in the message header and select **Remove**
The attachment file will disappear from the Attached box...
- 4 Repeat step 3 to delete the **carpark.JPG** attachment
- 5 Select all of the text in the message, press **Del** and type **Can you please review the attached parking survey?**
- 6 Press **Esc** and click on **[Yes]** to close the message and save it in the **Drafts** folder



For Your Reference...

To **remove** an **attachment** from a message:

1. Open the message with the attachment
2. Right-click on the attachment
3. Select **Remove**

Handy to Know...

- You can remove an attachment from an open message by highlighting the attachment file's name and pressing **Del**.

CHAPTER 2

InFocus

ORGANISING MESSAGES

Outlook provides a number of tools and features for organising your email messages. For example, you can delete messages and move and copy messages to your own custom mail folders. You can also use the new quick styles to perform multiple step functions on your messages with a single click, plus more.

In this session you will:

- ✓ learn how to create a mail folder
- ✓ learn how to move messages into other mail folders
- ✓ learn how to copy messages between folders
- ✓ learn how to delete messages
- ✓ learn how to recover messages from the **Deleted Items** folder
- ✓ learn how to clean up conversations
- ✓ learn how to work with the **Favourites** folder list
- ✓ learn how to delete message folders
- ✓ learn how to recover deleted folders
- ✓ learn how to empty the **Deleted Items** folder
- ✓ gain an understanding of quick steps
- ✓ learn how to customise default quick steps
- ✓ learn how to create a new quick step
- ✓ learn how to use quick steps
- ✓ learn how to archive messages
- ✓ learn how to recover archived messages.

CREATING A MESSAGE FOLDER

A message folder is a repository for mail messages. There are a number of standard message folders in the mailbox including the **Inbox**, **Outbox**, **Sent Items**, **Deleted Items**, and

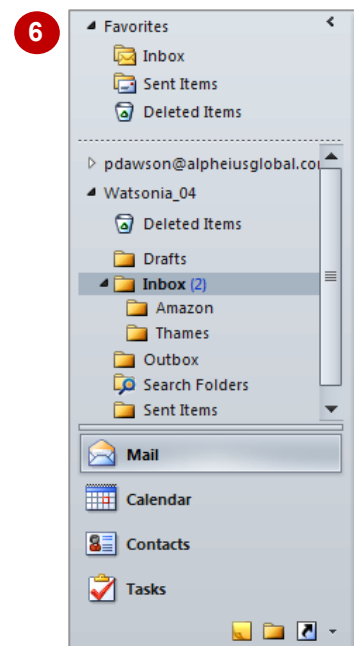
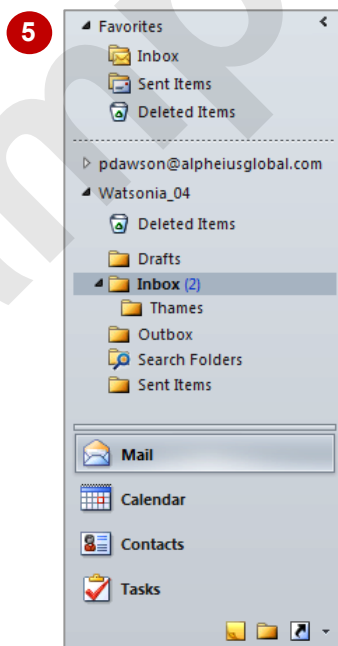
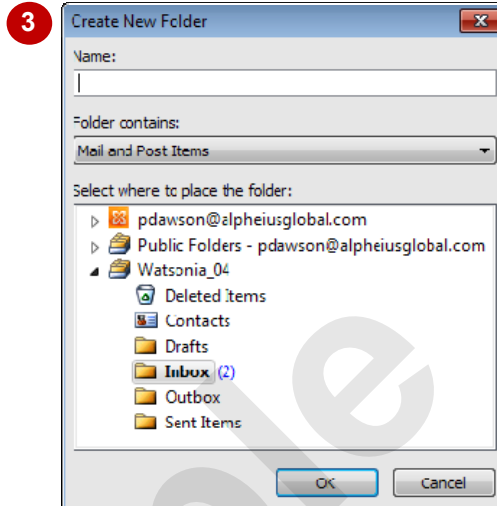
so on. You can create additional message folders to store your messages. For example, if you are involved in several projects, you could create a folder for each project to store messages.

Try This Yourself:

Open
File

Before starting this exercise you **MUST** open the file **Watsonia_04.pst...**

- 1 Click on **Inbox** in the **Watsonia_04.pst** folder
Let's create two new folders for the Amazon and Thames projects...
- 2 Click on the **Folder** tab to see the commands you can use with Outlook folders
- 3 Click on **New Folder** in the **New** group to open the **Create New Folder** dialog box
- 4 Type **Thames** in **Name**, then ensure that **Inbox** is selected under **Watsonia_04** in **Select where to place the folder**
- 5 Click on **[OK]** to add the new folder under **Inbox**
- 6 Repeat steps 2 to 5 to create a new folder called **Amazon** in the **Inbox**



For Your Reference...

To **create** a new **message folder**:

1. Click on **New Folder** in the **New** group on the **Folder** tab
2. Type the name of the new folder and choose where to place the folder
3. Click on **[OK]**

Handy to Know...

- You can also create a new mail folder by right-clicking on an existing folder in the **Navigation** pane and selecting **New Folder**.

MOVING MESSAGES


Outlook lets you easily move messages between folders, either new folders that you have created or existing ones. There are several ways to move messages from one folder to another. Here we

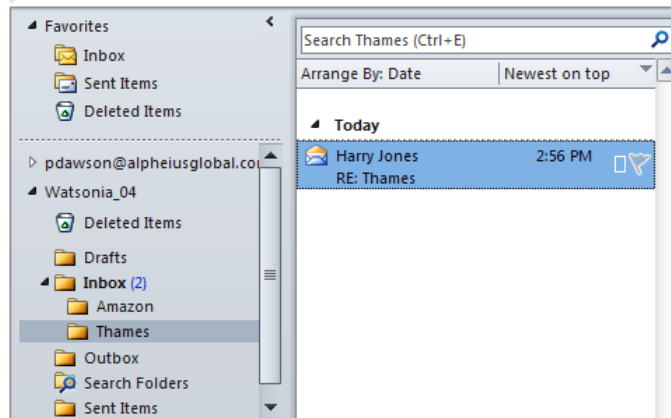
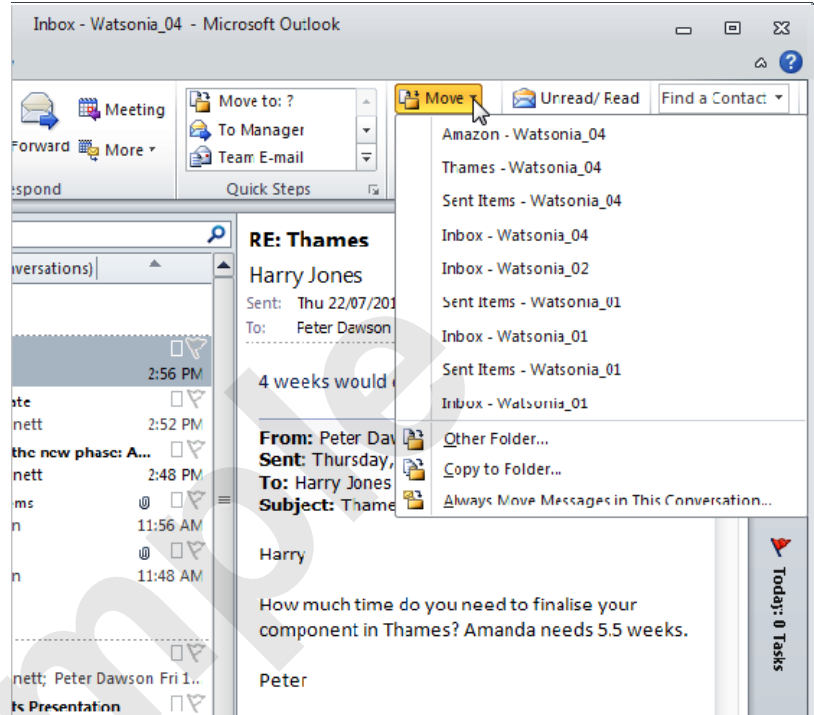
will show you how to use the **Move** command on the ribbon as it allows you to move messages easily into folders anywhere in your Outlook system.

Try This Yourself:

Same
File


Continue using the previous file with this exercise, or open the file *Watsonia_04.pst...*

- 1 Ensure that **conversations** is enabled, then click on the **Home** tab
- 2 Click on **Inbox**, and then click on the **Thames** conversation
- 3 Click on **Move**  in the **Move** group to display a list of folders that you have visited recently
Your list may be different to the one shown...
- 4 Click on **Thames – Watsonia_04** to move the message
- 5 Click on **Thames** in the **Navigation** pane to see the message in this folder



For Your Reference...

To **move messages**:

1. Select the messages to move
2. Click on **Move**  in the **Move** group on the **Home** tab
3. Click on the desired folder

Handy to Know...

- You can drag messages between folders in the message list and from a folder to a folder icon in the **Navigation** pane.
- You can drag and drop folders to new locations in the same way that you can drag and drop mail messages. Any items within a moved folder will move with the folder.

COPYING MESSAGES


If you want to place a copy of a message in more than one location, Outlook allows you to copy messages between folders. And just like many other functions, there is more than one way in

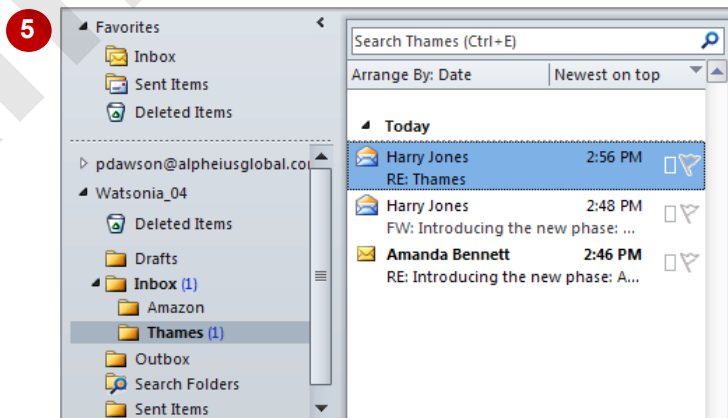
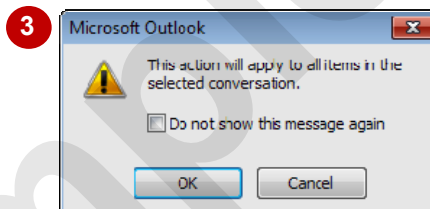
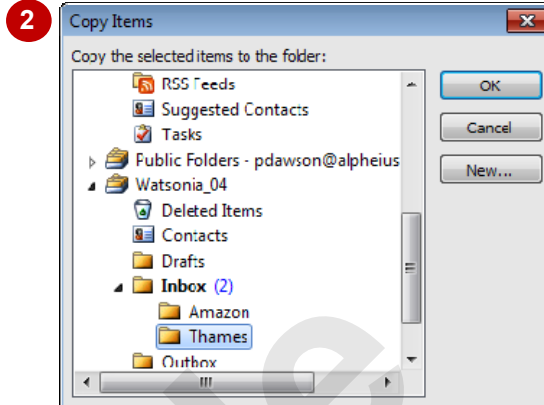
which you can perform this feat. You can use the ribbon, drag and drop, or the keyboard shortcut combination – **Ctrl** + **C** and **Ctrl** + **V**.

Try This Yourself:

Same
File


Continue using the previous file with this exercise, or open the file *Watsonia_04.pst...*

- 1 Click on **Inbox**, and then click on the **Introducing the new phase** conversation
- 2 Click on **Move**  in the **Move** group, then select **Copy to Folder** to open the **Copy Items** dialog box
- 3 Ensure that **Thames** is selected under **Inbox**, then click on **[OK]**
Because this is a conversation, a message may display...
- 4 Click on **[OK]** to copy the conversation to the folder
- 5 Click on **Thames** to see the messages there



For Your Reference...

To **copy messages**:

1. Select the messages
2. Click on **Move**  in the **Move** group, then select **Copy to Folder**
3. Click on the name of the destination folder
4. Click on **[OK]**

Handy to Know...

- You can copy messages between folders using the drag and drop method. To do this, select the messages to be copied in the message list, and then press **Ctrl** while you drag them to a new folder in the **Navigation** pane.

DELETING MESSAGES


It is good housekeeping practice to purge your folders of unwanted messages. You can do this by **deleting** them. Deleting messages works a little like the **Recycle Bin** in Windows – when you

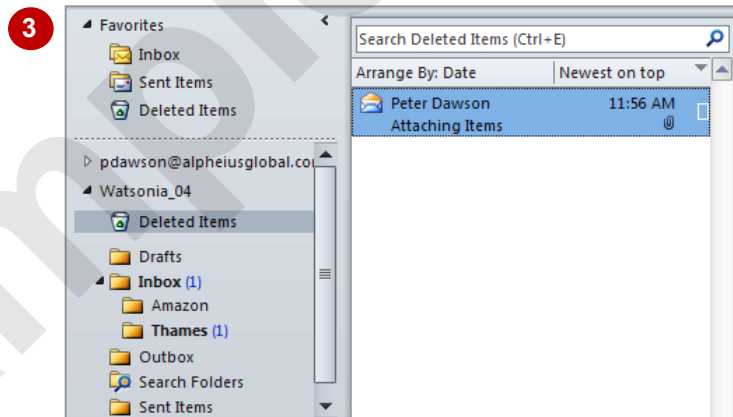
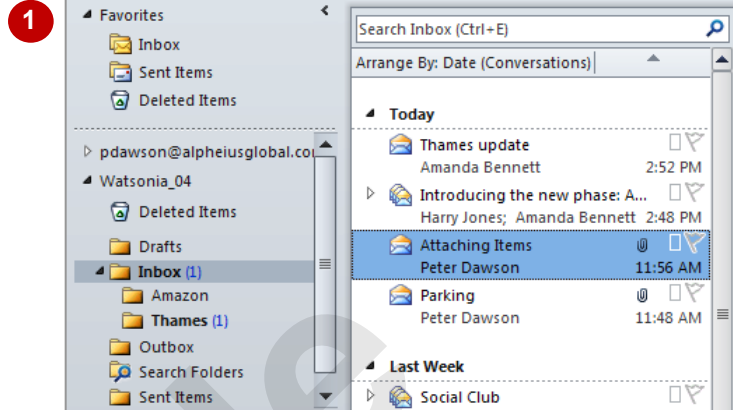
delete a message, or in fact anything in Outlook, the deleted item is moved into a special **Deleted Items** folder rather than being actually deleted.

Try This Yourself:

Same
File


Continue using the previous file with this exercise, or open the file *Watsonia_04.pst...*

- 1 Click on the **Inbox**, then click on the **Attaching Items** message
- 2 Click on **Delete**  in the **Delete** group
The message will be deleted from the Inbox...
- 3 Click on **Deleted Items** to see the deleted message



For Your Reference...

To **delete** a **message**:

1. Select the messages you wish to delete
2. Click on **Delete**  in the **Delete** group on the **Home** tab

Handy to Know...

- If you delete items from the **Deleted Items** folder, they will be permanently removed from Outlook.
- You can permanently delete a selected message from any folder by pressing **Shift** + **Del**. A message asking you to confirm your intention will appear.

RECOVERING DELETED MESSAGES

When you delete a message from all folders except **Deleted Items**, they will be automatically removed from the folder and added to the **Deleted Items** folder. If you change your mind or

if you realise that you deleted the wrong message, you can recover a message from **Deleted Items** and move it back to the original folder.

Try This Yourself:

Same
File

Continue using the previous file with this exercise, or open the file *Watsonia_04.pst...*

- 1 Click on **Deleted Items** in the **Navigation** pane, then click on the **Attaching Items** message to select it

Let's return this message to the Inbox...

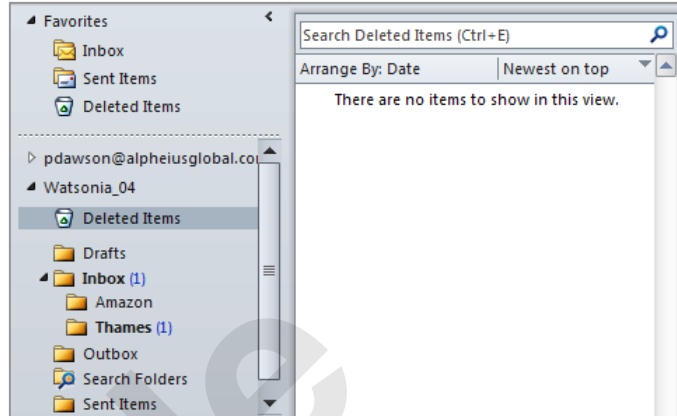
- 2 Right-click on the **Attaching Items** message and select **Move > Inbox – Watsonia_04**

If Inbox – Watsonia_04 isn't listed, click on Other Folder, select Inbox under Watsonia_04 and click on [OK].

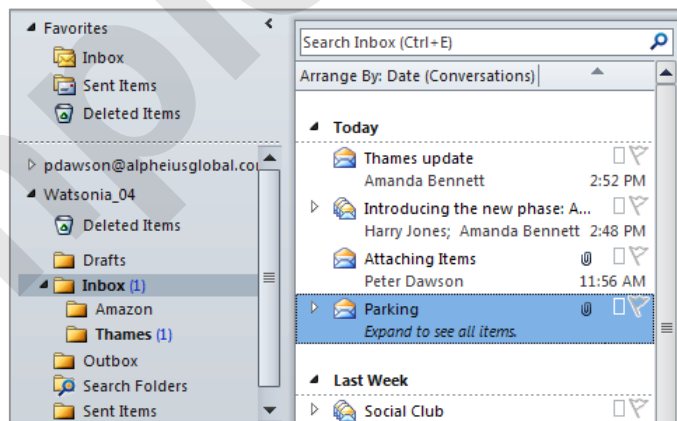
The message will disappear from the Deleted Items folder...

- 3 Click on **Inbox** to ensure the message has reappeared again

2



3



For Your Reference...

To **recover** deleted messages:

1. Select the messages in **Deleted Items**
2. Right-click on a selected message and select **Move > folder name**

Handy to Know...

- You can delete or recover multiple messages simultaneously. To do this, click on the first message, then press **Ctrl** and click on the desired messages. Press **Del** to delete them or right-click on them and select **Move > folder name** to recover deleted messages.